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WP9

Concept for an inventive training for health promoters

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In search of Good Practices in Health Promotion for Older People
Health Promotion and Prevention of Risk. Actions for Seniors
2nd Conference of the **Project Pro Health 65+**
Rome, September 29 – 30, 2016



Work Package 9

Best European practices of health promotion targeting different age groups of older population



Good Practices
Diagnose: deficits of info & knowledge



Manual



Training

Network



Good Practices

- Best Practice → Good Practice
- Literature research
 - What is a Good Practice (GP) ?
 - GP in health promotion
 - GP in HP for older people
- Sources of information
 - Literature – scientific and grey
 - This Project achievements and
 - Direct inquires
- Template inet- and paper form
- Database → Manual + info network





Information & knowledge deficits

- Street Level Health Promoters (SLHP) - what is deficient?
- Respondents: SLHP and other HP4OP stakeholders
- Inquiry – questionnaire and interviews
- Analysis and report
- Results → Manual and trainings
- Guidance for information network





Manual

- Manual / Handbook (guide)
- Aim: reference book and training material
- Addressees: SLHP, trainers, decision makers, SHs
- Application:
 - Pilot trainings in PL and NL
 - Public domain
- Content:
 - Based on info and knowledge deficits diagnosis
 - Chosen Good Practices examples
 - Methodological information
 - Some parts - adjusted to specific audience
 - References
- Form: paper version (limited) , internet





Trainings



- Aim: to train the trainers
- Addressees: leading street level health promoters
- Cooperating organizations:
 - Federation of Universities of 3rd age
 - Municipality of Kraków
 - Institute for the Development of Social Services
 - College of General Practitioners
- Agreements signed
- 4 pilot trainings in PL + 1 in NL
- Project based learning
- Evaluation and improvements/adjustments
- Publication in web



Network

- Aim: to disseminate the results and make them sustainable
- Addressees: SLHP, trainers, decision makers, other SHs
- Initially based on the database
- Form - web site
- Initially at PH65+ page then autonomous
- Cooperating organizations involvement
- All the involved organizations and individuals invited
- Experiences - to implant by Project Partners
- In close conjunction with WP2 and 3





Partners



Consultations of:

- Manual/handbook structure and content
- Report concerning info/knowledge deficits
- Approach to establish an information Network

UM - localization of training in NL

Finally:

Make use of the elaborated materials



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**WP9 Best European practices of health promotion targeting
different age groups of older population**

**Good Practices
Info deficits
Manual
Training
Network**

Thank you for your attention

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