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the Health Programme  
of the European Union



# PRO HEALTH 65+ WORKSHOP

KRAKOW, MAY 8-9 2015

WP6 - THE TASKS OF ITALIAN RESEARCH GROUP IN THE  
PROJECT "PRO HEALTH 65+

PROF. NICOLA MAGNAVITA  
DR. ANDREA POSCIA

# Work package 6

- WP6 focuses on knowledge accumulation on institutional arrangements in protecting health and health promotion activities targeted at the elderly in sequenced life stages in Europe.
- WP 6 is divided on different areas of institutional analysis focused on a state of the art description in the sphere of health promotion concerning elderly population.

# Main assumptions of the WP6

1. Institutional environment is the crucial component of implementation of any policy in this field;
2. Embracement of legal dimension constitutes a basis for actual distribution of responsibilities, flow of resources and for values realization that is important for project findings;
3. The systematic review of past research experiences, and the integration of existing databases with original findings will give the basis for new European actions.

# The approach

- All projects carried out in the EU Member States to analyze the specific interventions to promote healthy and active ageing, have underlined the importance of a **cross-sectorial** approach, at inter-national, regional and local level.

# Institutions

- ◎ Many institutions are involved in health promotion at different levels:
  - National and Local governments,
  - GPs,
  - workplace organizations,
  - NGOs,
  - media.
- ◎ The analysis of legal basis, sources and methods of financing of these organizations in Europe, will enrich the knowledge on possibilities and barriers related to promoting health.

# Activities of other WPs

- ⦿ Other WP perform studies strictly related to those of WP6
- ⦿ Some of these studies are the logical premise to WP6 work. Examples:
  - WP4 performs a systematic literature analysis related to health status, lifestyle and social determinants of older people
  - WP5 makes a systematic review on the available evidence related to health promotion activities among elderly

# Activities of other WPs

- ◎ Other WPs relies upon data collected by WP6. Examples:
  - WP7 - Funding, financing and economic evaluation
  - WP8 Conclusions and recommendations for implementation - good health promotions. Analysis of health and aging policies

# WP6 - A crucial package

- The analysis of the institutions in Europe in the sphere of health prevention addressed to the elderly population is crucial to the entire project.



# WP6 Deliverables

- ⦿ A “**State of the Art and Country profiles**” in this area will be the first deliverable product linked to this WP.
- ⦿ This document will be used in a WP7 report describing good practices in the area of implementation of the cost-effective methods of health promotion for the elderly.
- ⦿ Studies of the WP6 will be collected in policy document reporting an overview about the Multi-institutional health promotion activities for the elderly.

# Specific objectives

- Review and analysis of occupational health promotion programs for the active elderly in different groups of European countries.
  - The sub-groups are:
    - National and Local governments
    - GPs
    - Workplace organizations
    - NGOs
    - Media.
- + Education & Sports**

# Five different pathways

- ⦿ Each of the five sub-sectors in which the document will be divided by the product WP6 will have to run its own search path.
- ⦿ Research conducted by each sub-group will have to follow a unified profile.

- ① The questions posed to different institutions will be formulated in different ways.
- ① The methods of collecting information will be different (interviews, online questionnaires, etc.).
- ① The result will be unique and unitary.

**The starting point**

# The questions:

- ◎ Who ?
  - ◎ What ? (health promotion)
  - ◎ When ? (now)
  - ◎ Where ? (in Europe)
  - ◎ Why ? (healthy aging)
- 
- ◎ We already know the last 4 responses.
  - ◎ The first, and most important: how can we retrieve the institutions?